

# CONSIDERATIONS FOR CREATING OR CHOOSING VR CONTENT

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# ABOUT STOO

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# AGENDA

What we're going to cover:

1. Motion in VR
2. Attention in VR
3. Immersion and Embodiment in VR



# Question 1



Why don't we want to move the camera?

2 mins: Ponder this in your own head

3 mins: Share with a partner

3 mins: Share with the group

5 mins: #SCIENCE

# Question 1



Why don't we want to move the camera?

Ideas:

Lack of control due to agency (giving and taking away)  
creates conflict

Nausea

Equipment limitations for smooth movement - steady cam?  
inclusive to environment and the actors

# THE SCIENCE OF LOCOMOTION IN VR

## Perception of Self Motion

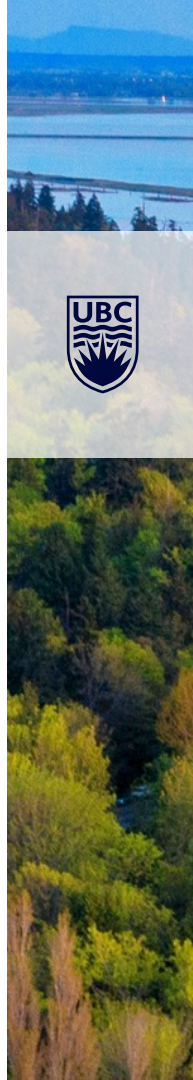
**Vision**

**Vestibular function of the inner ear**

**Proprioceptive system in muscle joint receptors**

**Somatosensory system (nervous system)**

**Auditory information**



# Vision



Vision is able to tell our brains how we are moving based on OPTIC FLOW

Unlike other senses, vision is the only sense that can register any type of motion

Warning: Next slide may induce perception of self motion







## THE SCIENCE OF LOCOMOTION IN VR

### Vection:

The illusory feeling of self-motion induced in stationary observers (caused by interference between optic flow and other senses)



There is usually a delay when experiencing vection of around 3-10 seconds.

Vection can also be induced after optic flow has ceased.

Self motion usually occurs in this order:  
Object > Object + self > self



# RULES OF THUMB

## Passive Movement

Passive movement (user not moving) usually results in vection and potential motion sickness

If you have to move, keep it sloooooooooow.

## Active Movement

Active movement such as Room-scale experiences with motion tracking usually don't result in vection UNLESS, there are passive elements (Richie's Plank Experience)



\*Many immersive VR experiences will use teleportation as a means to reduce vection

# Researchers and Theory

Stephen Palmisano

Benjamin Arcioni on the Nara

Haruaki Fukuda at the Nara

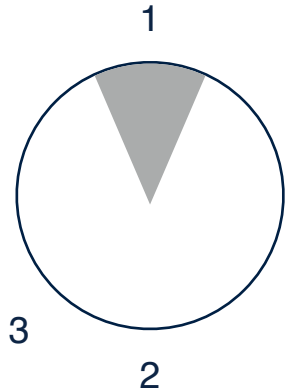
Takeharu Seno



## Question 2



How can you direct attention in  
VR / 360 Video?



2 mins: Ponder this in your own head

3 mins: Share with a partner

3 mins: Share with the group

5 mins: #SCIENCE

# Question 2



How can you direct attention in VR / 360 Video?

Ideas:

3D audio, audio cues for exploration (sound without a visual source), light contrast in per (hotspots?), disruption of static scene with movement, pointing, other agents reaction, gestures, there should be a payoff (amiright?), focus point (blurs, contrast, etc.), tell them, arrow.

## EVOLUTIONARY EDUCATIONAL PSYCHOLOGY

We are evolutionarily predisposed to integrate certain knowledge.

**Biologically Primary  
Knowledge**

Folk Psychology  
Folk Physics  
Folk Biology

**Biologically Secondary  
Knowledge**

Anything we need school for



## EVOLUTIONARY EDUCATIONAL PSYCHOLOGY

We are evolutionarily predisposed to integrate certain knowledge.

### **Biologically Primary Knowledge**

#### Folk Psychology

Language Acquisition, Body Language, Social Cues

#### Folk Physics

Object Motion, velocity, trajectory, etc.

#### Folk Biology

Classification of plants and animals, colour meanings, etc.



## EVOLUTIONARY EDUCATIONAL PSYCHOLOGY

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## **EVOLUTIONARY EDUCATIONAL PSYCHOLOGY**

We are evolutionarily predisposed to integrate certain knowledge.

### **Biologically Primary Knowledge**

can be leveraged to support the acquisition of

### **Biologically Secondary Knowledge**



# RULES OF THUMB

## Visual

Use pointing gestures

Eye gaze also helps

Objects as reference

360 Video cues (arrows, icons, etc.)

## Auditory

Use Landmarks and other markers

Verbalize direction they need to turn

Don't rely on '3D sound'



NOTE: Remember to think about users who may be deaf or hard of hearing

# Researchers and Theory

David Geary (Ev Ed Psych)

Fred Paas (CLT) John Hare

John Sweller (CLT) John Sweller



# Question 3



How might VR affect our perception of:

- our bodies?
- our environment?
- our actions?
- others' experiences?

How might these change based on the type of tech we're using? (VR/AR/MR/360 video)?

# Question 3



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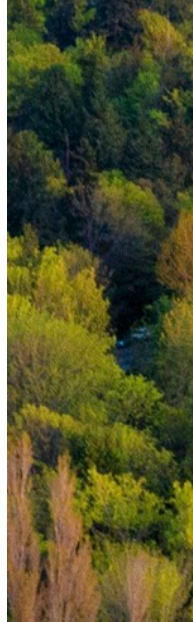
How might these change based on the type of tech we're using? (VR/AR/MR/360 video)?

Ideas:

Memory IRL vs Virtual, cultural understandings may shift, regrouping us in reality, potential to separate ourselves from 'the real', promote creativity and imagination, improve problem solving by 'extending' reality, watching vs experiencing.

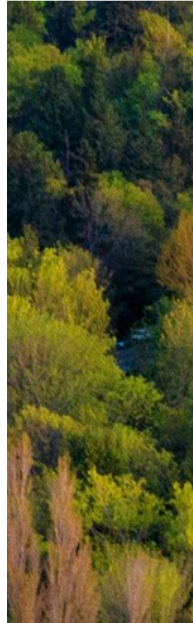
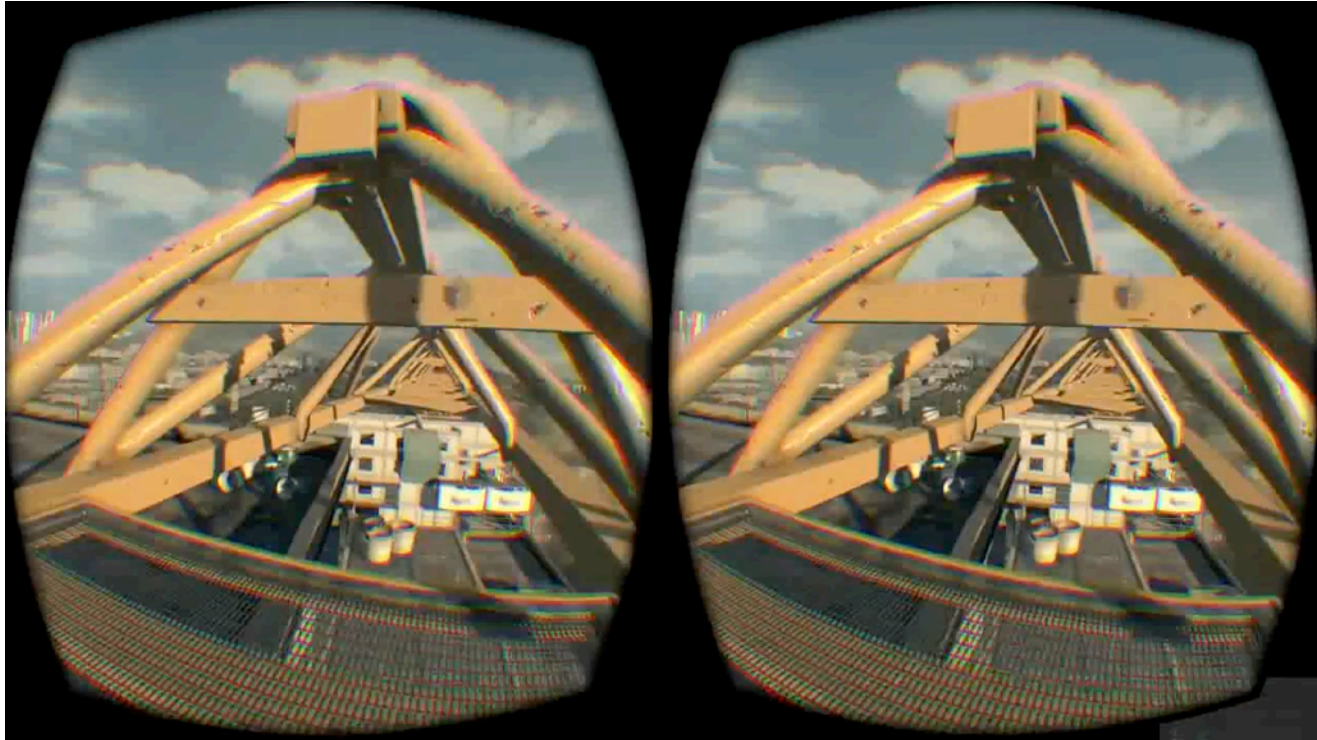
# PERCEPTION OF SELF, ENVIRONMENT AND OTHERS IN VR

## Rubber Hand illusion



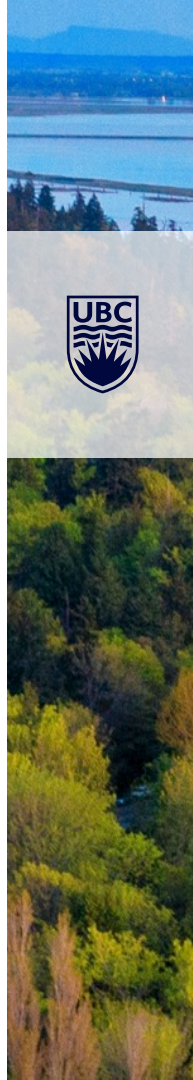
# PERCEPTION OF SELF, ENVIRONMENT AND OTHERS IN VR

## Fear of Heights



# PERCEPTION OF SELF, ENVIRONMENT AND OTHERS IN VR

What about empathy?





# PERCEPTION OF SELF, ENVIRONMENT AND OTHERS IN VR

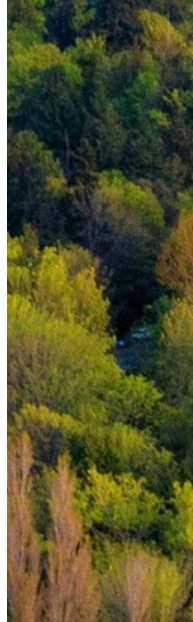
## Which Lens are we looking through?

Avatar or Self? (First or Third Person)

Uncanny Valley?

Metaphorical control mechanisms?

Context of the environment - screen or HMD?



# PERCEPTION OF SELF, ENVIRONMENT AND OTHERS IN VR

Are our users observers or participants?

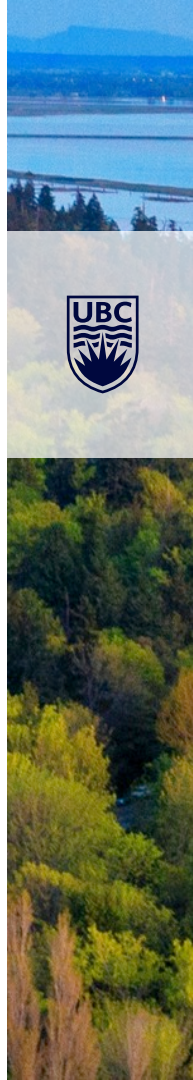
Do we want them to feel the moral or psychological effects of the experience?

360 Video reporting from al-Qasr, Aleppo, Syria  
<https://www.youtube.com/watch?v=VI4sPuwwOVk>

Battle of Waterloo  
<https://www.youtube.com/watch?v=Bj1aVW3LuVo>

WWI Experience - VR?  
<https://www.youtube.com/watch?v=AJ6c0v7mzAw>

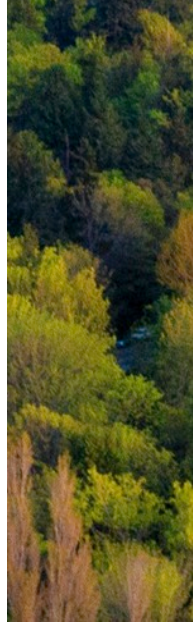
A Letter from the Trenches  
<https://www.youtube.com/watch?v=m7h4XuvLrmg>



## PERCEPTION OF SELF, ENVIRONMENT AND OTHERS IN VR

**Question to consider when choosing / creating:**

Does the level of immersion / embodiment exist on a spectrum?



# RULES OF THUMB

**When creating 360 Videos, be mindful of...**

Potential effects on self image

Whether user will be observer or participant

How a dramatisation in either role may affect learners

How a choice in technology may affect all of the above

NOTE: Disclaimers are always good.



# Researchers and Theory

Brain Plasticity (Rubber Hand Illusion)  
Transformative Learning  
Stephen Gadsby (self image in VR)





# **NOTE ON FILMING**

**Backup plans are good. Shoot some 360 photos in case your footage turns out to be less than Citizen Kane.**

# QUESTIONS? COMMENTS?



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